

PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 13:20 untill 14:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mees Brent

Coaches: Matthijs Laurenz

Coaches: Bogaerts Michel

Coaches: De Block Killian HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 200M BUTTERFLY MEN 13+							Heat:1, starttime: 14:30	
Heat: 1/1 Lane : 3 Athlete: MEES RUBEN							Q-time: 02:14:60	
PB (25m pool): 02:14.46 Leuven 20/10/2024				PB (50m pool): 02:21.40SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.78		01:03.14		01:38.87		02:14.46
	00:28.78		00:34.36		00:35.73		00:35.59	
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:5, starttime: 14:41	
Heat: 5/12 Lane : 1 Athlete: WEGENER LENA							Q-time: 01:08:61	
PB (25m pool): 01:08.61 Vilvoorde 01/03/2026				PB (50m pool): 01:10.43SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:32.86		01:08.61				
	00:32.86		00:35.75					
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:5, starttime: 14:41	
Heat: 5/12 Lane : 2 Athlete: VAN LOOCK DE COCK ESMÉE							Q-time: 01:07:96	
PB (25m pool): 01:07.96 Zwembad De Motte 14/07/2026							PB (50m pool): 01:09.55 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:33.24		01:07.96				
	00:33.24		00:34.72					
								

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:42
Heat: 6/12 Lane : 1 Athlete: PETKOVA DALIA					Q-time: 01:06:90
PB (25m pool): 01:06.90 Zwembad De Motte 14/07/2026					PB (50m pool): 01:09.85 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.65		01:06.90	
	00:31.65		00:35.25		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:42
Heat: 6/12 Lane : 2 Athlete: BOGAERTS XENA					Q-time: 01:06:73
PB (25m pool): 01:06.73 Zaventem 08/02/2026					PB (50m pool): 01:09.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.41		01:06.73	
	00:31.41		00:35.32		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:42
Heat: 6/12 Lane : 7 Athlete: PETKOVA SOFIA					Q-time: 01:06:83
PB (25m pool): 01:06.83 Zwembad De Motte 14/07/2026					PB (50m pool): 01:09.10 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.34		01:06.83	
	00:32.34		00:34.49		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:51
Heat: 11/12 Lane : 4 Athlete: MAASKANT KRISTINA					Q-time: 01:00:50
PB (25m pool): 01:00.50 Zwembad De Motte 14/07/2026					PB (50m pool): 01:01.69 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.97		01:00.50	
	00:28.97		00:31.53		
					

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:3, starttime: 15:02	
Heat: 3/9 Lane : 3 Athlete: NABIULLIN MAX							Q-time: 02:50:42	
PB (25m pool): 02:50.42 Dilbeek 10/05/2026				PB (50m pool): 02:54.30 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.31		no time		no time		02:50.42
	00:37.31							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:4, starttime: 15:05	
Heat: 4/9 Lane : 6 Athlete: MAASKANT ALBIN							Q-time: 02:40:43	
PB (25m pool): 02:47.96 Zaventem 08/02/2026				PB (50m pool): 02:40.43SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.80		no time		no time		02:47.96
	00:35.80							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:4, starttime: 15:05	
Heat: 4/9 Lane : 7 Athlete: NABIULLIN TIM							Q-time: 02:46:13	
PB (25m pool): 02:46.13 Zwembad De Motte 20/06/2026				PB (50m pool): 02:50.78SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.09		no time		no time		02:46.13
	00:37.09							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:8, starttime: 15:18	
Heat: 8/9 Lane : 3 Athlete: BOVE SAMUEL							Q-time: 02:22:66	
PB (25m pool): 02:22.66 Zaventem 08/02/2026				PB (50m pool): 02:28.33SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.44		no time		no time		02:22.66
	00:30.44							
								

Coach feedback:

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Event number: 13: 200M BACKSTROKE MEN 13+							Heat:2, starttime: 16:05	
Heat: 2/3 Lane : 4 Athlete: SONUMUT ARMAN							Q-time: 02:21:62	
PB (25m pool): 02:21.62 Leuven 12/10/2025				PB (50m pool): 02:26.72 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.07		01:10.23		01:46.00		02:21.62
	00:34.07		00:36.16		00:35.77		00:35.62	
								

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:1, starttime: 16:11	
Heat: 1/4 Lane : 3 Athlete: PETKOVA SOFIA							Q-time: 05:18:94	
PB (25m pool): 05:27.70 Leuven 12/10/2025				PB (50m pool): 05:18.94SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.53		01:18.98		02:01.54		02:44.70
	00:37.53		00:41.45		00:42.56		00:43.16	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:25.82		04:07.48		04:48.53		05:27.70
	00:41.12		00:41.66		00:41.05		00:39.17	
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+							Heat:2, starttime: 16:35	
Heat: 2/10 Lane : 3 Athlete: NABIULLIN MAX							Q-time: 00:36:05	
PB (25m pool): 00:36.26 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:36.05 SB: no time								
	2 5 M		5 0 M					
PB			00:36.26					
			00:36.26					
								

Coach feedback:

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Event number: 15: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 16:35
Heat: 2/10 Lane : 6 Athlete: NABIULLIN TIM			Q-time: 00:37:24
PB (25m pool): 00:37.24 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:38.96 SB: no time			
	2 5 M	5 0 M	
PB		00:37.24	
		00:37.24	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:36
Heat: 3/10 Lane : 7 Athlete: MAASKANT ALBIN			Q-time: 00:34:13
PB (25m pool): 00:35.67 Temse 17/11/2025 PB (50m pool): 00:34.13 SB: no time			
	2 5 M	5 0 M	
PB		00:35.67	
		00:35.67	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 16:37
Heat: 4/10 Lane : 6 Athlete: VANDERBORGHT MILAN			Q-time: 00:30:97
PB (25m pool): 00:30.97 Hannuit 28/03/2026 PB (50m pool): 00:31.06 SB: no time			
	2 5 M	5 0 M	
PB		00:30.97	
		00:30.97	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 16:43
Heat: 9/10 Lane : 1 Athlete: BOVE SAMUEL			Q-time: 00:27:65
PB (25m pool): 00:28.17 Leuven 12/10/2025 PB (50m pool): 00:27.65 SB: no time			
	2 5 M	5 0 M	
PB		00:28.17	
		00:28.17	
			

Coach feedback:

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Event number: 15: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 16:43
Heat: 9/10 Lane : 6 Athlete: MEES BRENT			Q-time: 00:27:54
PB (25m pool): 00:27.11 Leuven 20/10/2024			PB (50m pool): 00:28.82 SB: no time
	2 5 M	5 0 M	
PB		00:27.11	
		00:27.11	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 16:43
Heat: 9/10 Lane : 7 Athlete: SONUMUT ARMAN			Q-time: 00:27:60
PB (25m pool): 00:28.49 Leuven 12/10/2025			PB (50m pool): 00:27.60 SB: no time
	2 5 M	5 0 M	
PB		00:28.49	
		00:28.49	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:10, starttime: 16:44
Heat: 10/10 Lane : 4 Athlete: MEES RUBEN			Q-time: 00:24:50
PB (25m pool): 00:24.50 Gent 09/11/2025			PB (50m pool): 00:24.81 SB: no time
	2 5 M	5 0 M	
PB		00:24.50	
		00:24.50	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:7, starttime: 16:52
Heat: 7/7 Lane : 8 Athlete: MAASKANT KRISTINA			Q-time: 00:32:21
PB (25m pool): 00:32.39 Hannuit 28/03/2026			PB (50m pool): 00:32.21 SB: no time
	2 5 M	5 0 M	
PB		00:32.39	
		00:32.39	
			

Coach feedback:

PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: SCZ

Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:1, starttime: 17:18	
Heat: 1/3 Lane : 5 Athlete: TEAM SCZ 2							Q-time: 02:00:12	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 17:21	
Heat: 2/3 Lane : 3 Athlete: TEAM SCZ 1							Q-time: 01:50:06	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:28	
Heat: 2/3 Lane : 7 Athlete: TEAM SCZ							Q-time: 02:02:18	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: